

Therefore, you should not waste even a single thought. Do not waste even an iota of energy in useless thinking.

Conserve all mental energy. Utilize it for higher spiritual purposes, in divine contemplation, Brahma-Chintana and Brahma-Vichara. Conserve all thought-energy and utilize it for meditation and helpful service to humanity.

Drive away from your mind all unnecessary, useless and obnoxious thoughts. Useless thoughts impede your spiritual growth; obnoxious thoughts are stumbling blocks to spiritual advancement.

You are away from God [1] when you entertain useless thoughts. Substitute thoughts of God. Entertain only thoughts that are helpful and useful. Useful thoughts are the stepping-stones to spiritual growth and progress. Do not allow the mind to run into the old grooves and have its own ways and habits. Be on the careful watch.

Help the World by Good Thoughts

Like attracts like. If you entertain an evil thought, that thought attracts all sorts of evil thoughts from other people. You pass on those thoughts to others also.

Thought moves. Thought is a living dynamic force. Thought is a thing. If you allow your mind to dwell on a sublime thought this thought will attract good thoughts from others. You pass on that good thought to others. You pollute the world with your bad thoughts.

Thought Power and a New Civilization

Thought makes man. Man makes civilization. There is a powerful thought-force behind every great event in life and in the history of the world.

Behind all discoveries and inventions, behind all religions and philosophies, behind all life-saving or life-destroying devices is thought.

Thought is expressed in words and executed in deeds. Word is the handmaid of thought, and deed is the end-result. Hence, the saying, "As you think, so you become."

How to build a new civilization?

By generating a new thought-force.

How to build a civilization that will ensure the peace of mankind, the prosperity of society, the salvation of the individual?

By generating a thought-force that will invariably result in man enjoying peace of mind, that will instill in his heart the divine virtues of compassion, of service to his fellow-men, love of God, and of an intense desire to realize Him.

If but a fraction of the wealth and the time spent on wasteful pursuits and destructive activities is devoted to the creation of a GOOD THOUGHT, there will be a new civilization right now. Atomic and hydrogen bombs, I.C.B.M. [*Intercontinental Ballistic Missiles*] and a host of other inventions drive mankind inevitably to destruction.

They waste your wealth; they destroy your neighbours; they pollute the atmosphere of the whole world, and generate fear, hatred, and suspicion in your heart; the mind is unbalanced and the body is subjected to diseases. Stop this trend.

Promote research in spirituality, in religion, in all the good things of life. Support the philosophers and saints - the real benefactors of mankind. Encourage them in their study of religion, researches in ancient spiritual literature, and the projection of a great thought-force for the good.

Ban all literature that pollutes the thoughts of the young. Flood the young brain with healthy thoughts, ideas and ideals.

The man who commits murder, the man who steals your purse, the man who cheats you - law punishes him. But this crime is insignificant when compared to the crime committed by the wicked intellectual who instills a wicked idea into the mind of youth.

He is the author of many murders that take place on earth; he steals your greatest wealth, viz., wisdom; he cheats you by presenting you with poison in the name of sweet elixir. The law of the new civilization will deal very severely with such Asuric [2] beings.

The new civilization will give every encouragement to those who wish to study philosophy, religion and spiritual thought. It will make their study compulsory in schools and colleges. It will award scholarships to students of philosophy. It will confer prizes and titles on those who conduct researches in religion and philosophy. The deepest urge in man - the spiritual urge - will be given the fullest scope to realize its goal.

The fruits of the New Civilization are well worth all that everybody can do towards building it up. In the New Civilization man will want to lead a righteous life, he will be eager to serve his fellow-beings and share with them what he has; he will love all, realizing that his own Self dwells in all; he will be devoted to the welfare of all beings.

What an ideal society it will be, where people share with others all that they possess, and will serve everybody!

Where will be the need for taxes and duties in such a society in which everyone will voluntarily work for all? Where is the need for police and the army when people are devoted to virtue?

This then is the ideal. Towards this end, let everyone strive to generate a Thought-force.

May God bless you all!

NOTES:

[1] In theosophy and esoteric philosophy, the word *God* means the universal law, or the higher self, Atma, of each individual. Sivananda uses the word "God" in the sense of "universal intelligence". The personification of divinities is merely symbolic. Sivananda uses popular language. (CCA)

[2] Asuric beings: soulless beings who are hostile to the gods and the divine world. (CCA)

[The above text is reproduced from chapter twelve of the book "**Thought Power**", by Swami Sivananda, a Divine Life Society Publication, eleventh edition, 1996, India.]

The Secret Doctrine:
**The Infinite Universe
Is One and Inseparable**

Helena P. Blavatsky



From *Gods* to men, from *Worlds* to atoms, from a star to a rush-light, from the Sun to the vital heat of the meanest organic being - the world of Form and Existence is an immense chain, whose links are all connected. The law of Analogy is the first key to the world-problem, and these links have to be studied co-ordinately in their occult relations to each other.

When, therefore, the Secret Doctrine - postulating that conditioned or limited space (location) has no real being except in this world of illusion, or, in other words, in our perceptive faculties - teaches that every one of the higher, as of the lower worlds, is interblended with our own objective world; that millions of things and beings are, in point of localization, around and *in* us, as we are around, with, and in them; it is no metaphysical figure of speech, but a sober fact in Nature, however incomprehensible to our senses.

But one has to understand the phraseology of Occultism before criticising what it asserts. For example, the Doctrine refuses (as Science does, in one sense) to use the words “above” and “below”, “higher” and “lower”, in reference to *invisible* spheres, as being without meaning.

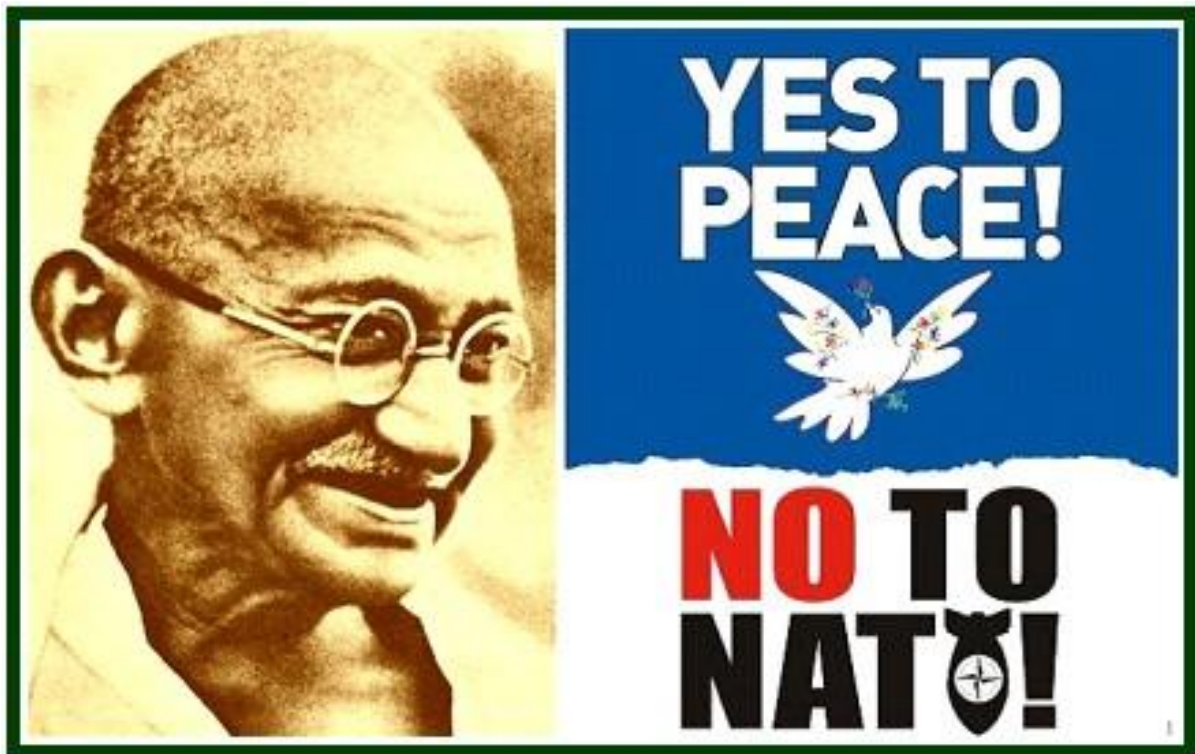
Even the terms “East” and “West” are merely conventional, necessary only to aid our human perceptions.

(Helena P. Blavatsky)

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Reproduced from “[The Secret Doctrine](#)”, by Helena P. Blavatsky, [Volume I](#), pp. 604-605.

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Practice this contemplative exercise:

A Prayer for Our Planetary Community

<https://www.carloscardosoaveline.com/a-prayer-for-our-planetary-community/>

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See Theosophy on **Truth Social**: <https://truthsocial.com/@CCAveline>

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must be adored. He is the most wealthy man, though he is clad in rags, though he has nothing to eat. He is the strongest man even if he has a dilapidated physical frame. Worldly people lose their balance of mind even for trifling things. They get irritated and lose their temper soon. Energy is wasted when one loses his temper. An irritable man is a very weak man though he possesses immense physical strength and a fine muscular, well-developed body. Those who want to practise balance of mind should develop discrimination and practise celibacy and meditation. Those who have wasted their semen much, get irritated very frequently.

Irritability manifests itself as an outburst of temper when any opportunity offers itself. You will have to be very careful. You will have to nip the irritability in its bud. Do not allow it to assume the form of a big wave of anger. Every time you become a victim to a passion of any kind, you make it a little more difficult to resist its next attack; on the contrary, if you succeed in your attempt in subduing it, it will be very easy for you in getting triumph over it next time. This is the immutable Law of Nature.

The fit of anger passes away but it leaves a definite impression in the astral body. The man is more and more susceptible to further attacks of irritability. Each outburst of temper augments the capacity for anger and the possibility of being irritated quickly. The astral body responds more readily than before to these unpleasant fits of rage. Man completely loses the power of self-control. In a moment he may do any kind of atrocious crime. He may commit murder or any other atrocious cruelty. He is polluting the thought-world and is injuring all those around him by his vicious vibrations. It behoves, therefore, that every man should surely take great care to avoid these outbursts of anger. He must be careful when he moves and talks with others.

The senses are your enemies. They draw you out and disturb your peace of mind. Do not keep company with them. Subdue them. Restrain them. Curb them just as you curb the restive horse. Discipline of the senses gives spiritual strength and peace of mind. The discipline of the senses is not a day's work. It demands continuous and patient practice for a very long time. Control of the senses is really control of the mind. All the ten Indriyas [*senses and organs*] must be controlled. Starve them to death. Do not give them what they want. They will then be slowly thinned out. They will obey your orders implicitly. Worldly-minded persons are mere slaves of their Indriyas, though they are educated, though they possess immense wealth and judicial or executive powers. If you are a slave of meat-eating, you will begin to exercise control over the tongue if you give up meat-eating for six months. You will consciously feel that you have gained a little supremacy over this troublesome Indriya which was of a revolting nature some time ago.

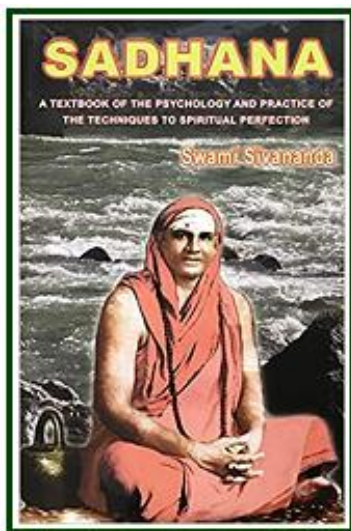
Be cautious, vigilant and circumspect. Watch your mind and Vrittis. Lord Jesus says: "Watch and pray". Watching the mind is introspection. One in a million does this beneficial, soul-elevating practice or discipline. People are immersed in worldliness. They run after money and women. They have no time to think of the Soul or higher spiritual things. The sun dawns, the mind runs in its old, usual, sensual grooves of eating, drinking, amusing and sleeping. The day has passed. In this way the whole life passes away. There is neither moral development nor spiritual progress. The so-called educated, cultured people also have no idea of introspection. They simply develop their intellect, earn some money, hold some rank and position, get some vain and empty titles and honours and pass away from the scene without attaining the Knowledge of the Self or the Goal of life. Is this not really sad? Is this not highly lamentable? He who does introspection daily can find out his own defects and can remove

them by suitable methods and have perfect control over the mind. He cannot allow the intruders - lust, anger, greed, delusion and pride - to enter the mental factory. He can cultivate various divine virtues such as mercy, forbearance, purity, courage, etc.

Daily self-analysis and self-examination are indispensably requisite. Then only the Yogic student can obviate his defects and can grow rapidly in spirituality. What does a gardener do? He watches the young plants very carefully. He removes the weeds daily. He puts a nice strong fence round them. He waters them daily at the proper time. Then alone they grow beautifully and yield fruits quickly. Even so, the Yogic student should find out his defects through daily self-analysis and then eradicate them through suitable means. If one method fails, he must take recourse to a combined method. If prayer fails, he should take recourse to Satsanga, Pranayama, meditation, dietetic regulation, enquiry, and so on. He should destroy not only the big waves of pride, hypocrisy, lust, anger, etc., that manifest on the surface of the conscious mind, but also their subtle impressions that lurk in the corners of the subconscious mind. Then only he is perfectly safe. These subtle impressions are very dangerous. They lurk themselves like thieves and attack the aspirant, when he is a bit careless, when he slackens a bit his daily spiritual practices, and when he is provoked. If these defects did not manifest even under extreme provocation on several occasions, even when you are not practising daily introspection and self-analysis, you can be rest assured that the subtle impressions also are obliterated. Now you are safe. The practice of introspection and self-analysis demands patience, perseverance, leech-like tenacity, application, iron will, iron determination, subtle intellect, courage, etc. But you will get a fruit of incalculable value. That fruit is Immortality, Supreme Peace and Infinite Bliss. You will have to pay a heavy price for this. Therefore do not grumble when you do daily practice. You should apply your full mind, heart, intellect and soul. Then only rapid success is possible.

-- To be continued.

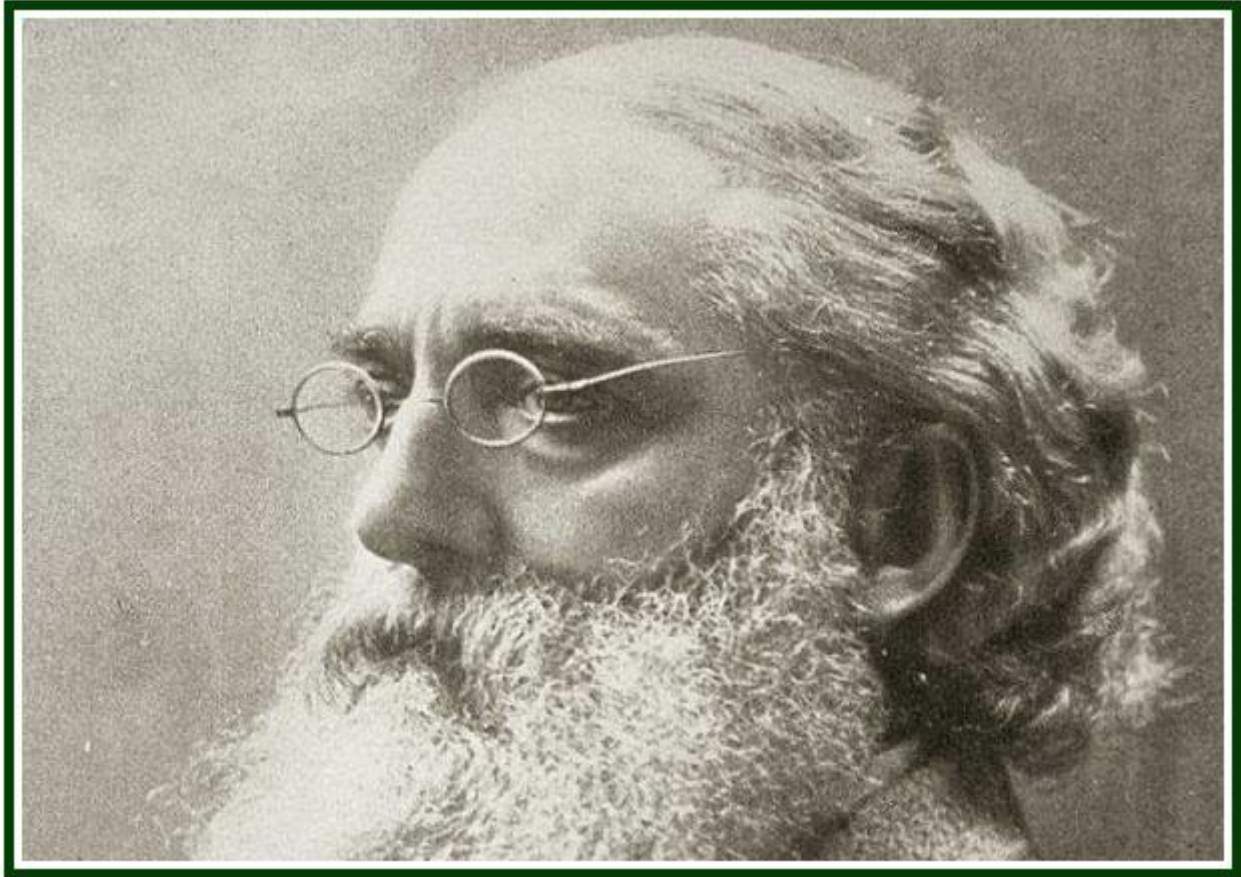
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Reproduced from pages 386-388 of the book “**Sadhana**”, by Swami Sivananda, published by The Divine Life Society, India, eleventh edition, 2019, 702 pages. The Independent Lodge of Theosophists recommends the study of the work.

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A Few Enigmas in the Theosophical Movement



Henry Olcott (1832-1907) is one of the main founders of the theosophical movement

* **A** recent issue of “The Aquarian Theosophist” examined some mysteries in the life of the theosophical movement during the present century. [1]

* Several facts in the life of the theosophical groups are seemingly incomprehensible. Let us see a few examples.

* Among the various currents of thought in the theosophical movement, available evidence shows that only the small Independent Lodge of Theosophists has the privilege of following primarily the direct teaching given in the Mahatma Letters and in the writings of Helena Blavatsky, thus avoiding hearsay teachings, second-hand sources and fake or imaginary teachers. [2]

* Why does this exclusivity take place? That is one of the first questions.

* Perhaps such a privilege occurs because the path of superficial imitation is easier and may be more popular than the narrow, uphill, against-the-tide path faced by the true seeker of truth. Fake masters and pseudo-theosophy offer people an easy path of sweet falsehood.

Our Duty to Mankind

* Another vexing problem to solve: why is it that only the small ILT has anything to say about the current situation of humanity? What is the reason for the larger schools of thought to prefer keeping their heads in the clouds, and say nothing regarding the practical challenges faced by Western civilization today? One of them is the danger of nuclear war, which was clearly foreseen and denounced by Helena Blavatsky in various writings. See for instance "[The Secret Doctrine](#)", Volume I, Part III, Section 10, "The Coming Force", especially [pages 562-563](#). Read the article [Old Prophecies and Atomic War](#).

Self-Discipline in Daily Life

* One must investigate the reasons behind another interesting fact. Most of the bureaucratically consolidated structures of the theosophical movement continue to recite beautiful theories - in some cases theories of the greatest importance and totally valid - without building the bridge between them and the daily lives of theosophists and good-willing citizens as a whole.

* Why is it, then, that only the ILT and a few other groups seem to teach the central importance of establishing a steady discipline in one's daily life, through which one develops within himself a firm and consistent spiritual willpower, capable of gradually overcoming the force of the blind materialism that surrounds him? It is easy to see that such a materialism also challenges each student of theosophy from his own subconscious layers of perception.

Blavatsky and Olcott Against Rituals

* Why are there organizations that publish and disseminate the writings of Helena Blavatsky, using them mainly as a source of prestige, while practicing the same old Besantian rituals and ceremonies and imitations of Catholic Church and Masonic ceremonies - imitations, by the way, that Blavatsky and the Masters clearly recommend avoiding? Every student should read and study regularly the ground-breaking article "[From Ritualism to Raja Yoga](#)", by a Master of the Wisdom. Written in the 19th century and entirely forgotten by pseudo-theosophy, this short text opens a new road for the theosophical movement in the 21st century.

* Psychologically, rituals are ways of avoiding and projecting to the outside world a construction that needs to be internal. Even Henry S. Olcott denounces it in his Buddhist Catechism. As an answer to the question "What was the Buddha's estimate of ceremonialism?" - Olcott writes:

* "From the beginning, [Buddha] condemned the observance of ceremonies and other external practices, which only tend to increase our spiritual blindness and our clinging to mere lifeless forms."[\[3\]](#)

* How can a student, endowed with patience, determination and good will, gather the strength necessary to make a firm decision in his life? And how can we all go beyond mere elegant phrases and discipline ourselves, actually changing life for the better? This, each one knows,

is absolutely essential to truly understand authentic theosophy, and not just recite it on a verbal level like even parrots can do.

* Some of these topics and questions may cause perplexity. Investigating them requires a long-standing, patient determination.

(CCA)

NOTES:

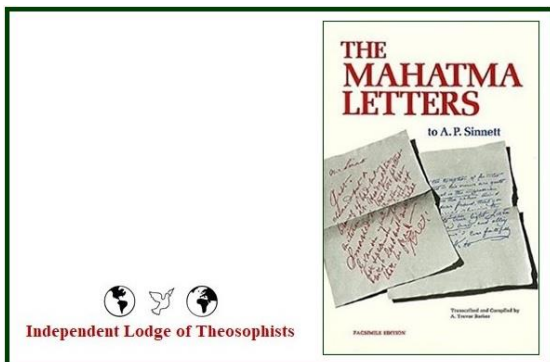
[1] See “Thoughts Along the Road” at the [January 2025 edition, pages 15 through 17](#).

[2] The ILT also studies a vast number of authors who are compatible with the teachings of HPB and the Masters.

[3] “Buddhist Catechism”, by Henry S. Olcott, Publication Division, Ministry of Cultural Affairs, Sri Lanka, 1908 edition, 96 pages, see item 184, page 41. The ILT has a copy of the book in PDF.

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Read more:



* [Leaving the Masters Aside.](#)

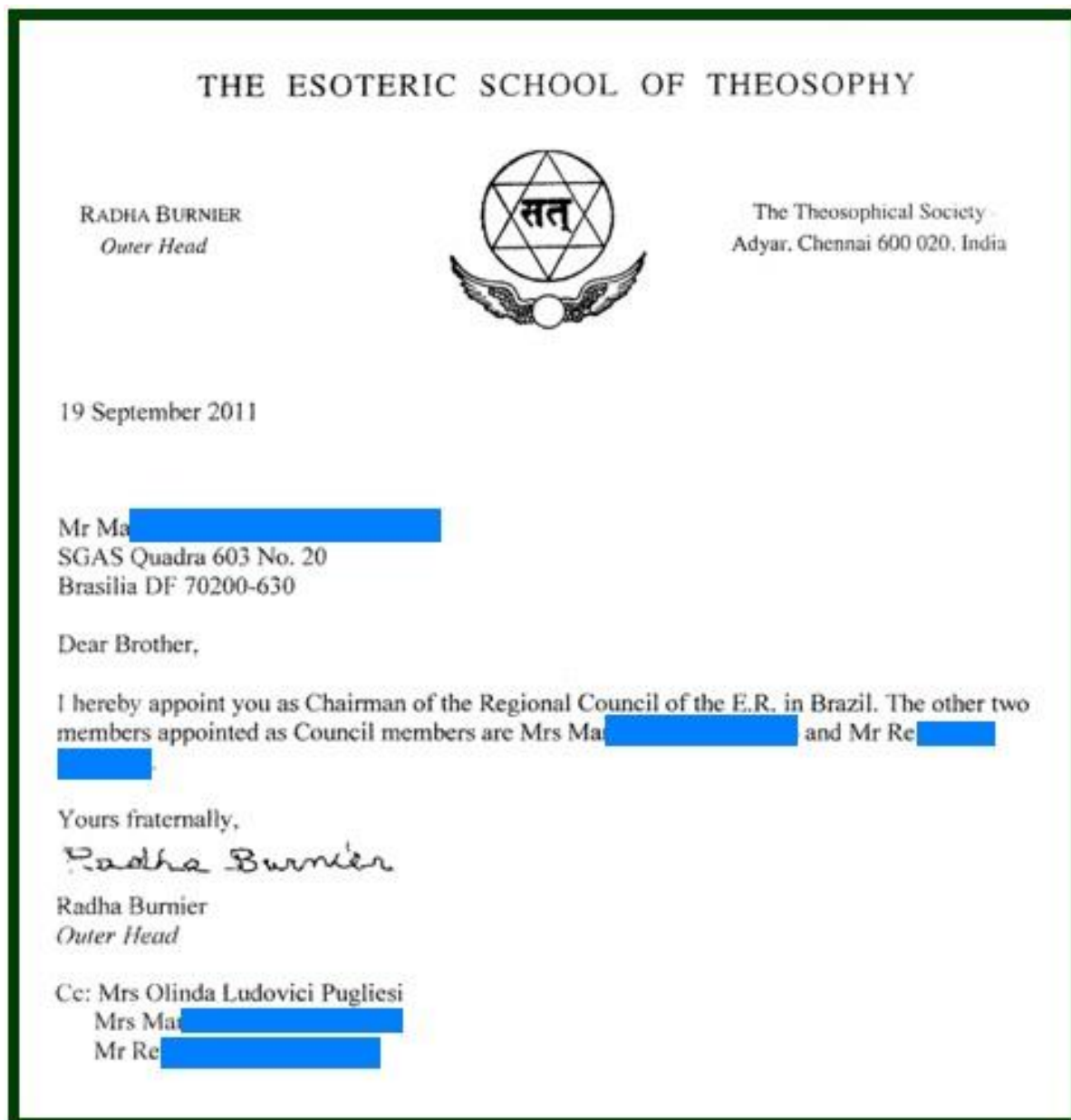


* [From Ritualism to Raja Yoga.](#)

* [The Aquarian Theosophist, January 2025, pp. 15-17.](#)

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To the Records of History:
In 2011, Radha Burnier Appoints New Leaders to the Egyptian Rite in Brazil



The Egyptian Rite (E.R.) is a ritualistic organization which tries to exist in secret and works above the Esoteric School of the Adyar Theosophical Society. It is active but in a few countries. Theosophists can only join it by invitation, and invitations are rare.

The E.R. is never mentioned in theosophical meetings, not even in the highest-level groups of pledged members in the Esoteric School. And yet secrecy does not mean legitimacy. In fact, a Master of the Wisdom warned Annie Besant, when she was already about to start following the path to falsehood and illusion:

“MISLEADING SECRECY HAS GIVEN THE DEATH BLOW TO NUMEROUS ORGANIZATIONS.” [1]

The Egyptian Rite is a practical example of such a mistake.

In the almost distant year of 2011, there was a strong political crisis and an intense struggle for personal power at the top of the E.R., in Brazil. Ms. Radha Burnier, then the main authority of the E.R., was forced to intervene to calm down the situation, and appointed new leaders. However, Radha’s decision caused perplexity.

As a ritualistic organization, the E. R. has good intentions. Unfortunately, it is based only on fantasies and false clairvoyance. Its members are altruistic people, but more common sense and a stronger love of truth would be necessary to say No to falsehood.

The document reproduced here was first published by the Independent Lodge of Theosophists in February 2025 - almost fourteen years after the correspondence from Radha Burnier. Furthermore - to avoid undue repercussions -, the names of some persons were erased.

This is its transcription:

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The Esoteric School of Theosophy
Radha Burnier
Outer Head
19 September 2011

The Theosophical Society -
Adyar, Chennai 600 020. India

Mr Ma-----
SGAS Quadra 603 No. 20
Brasilia DF 70200-630

Dear Brother,

I hereby appoint you as Chairman of the Regional Council of the E.R. in Brazil. The other two members appointed as Council members are Mrs Ma----- and Mr Re ----
----- .

Yours fraternally,
Radha Burnier
Outer Head

Cc:
Mrs Olinda Ludovici Pugliesi
Mrs Ma -----
Mr Re -----.

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So far, the letter from Radha Burnier.

We thank the friends of Truth who decided to send us copies of this and other documents of the E.R., on the condition that they should not be released to the public immediately.

The texts are being treated by the ILT as historical documents. They portray some of the failures and obstacles that the modern esoteric movement must overcome. Ritualistic illusions have no future: it is nigh time to turn the page and liberate the theosophical movement from the fruits of false clairvoyance. We say this with due respect for the idealism of the members of the E.R. Yet we must remember that Helena Blavatsky wrote these words, regarding illegitimate secrets:

“... All efforts of the greatest craft are doomed to failure on the day they are discovered.” [2]

At the right time, Truth prevails. Om Shanti. Om.

(The Editors)

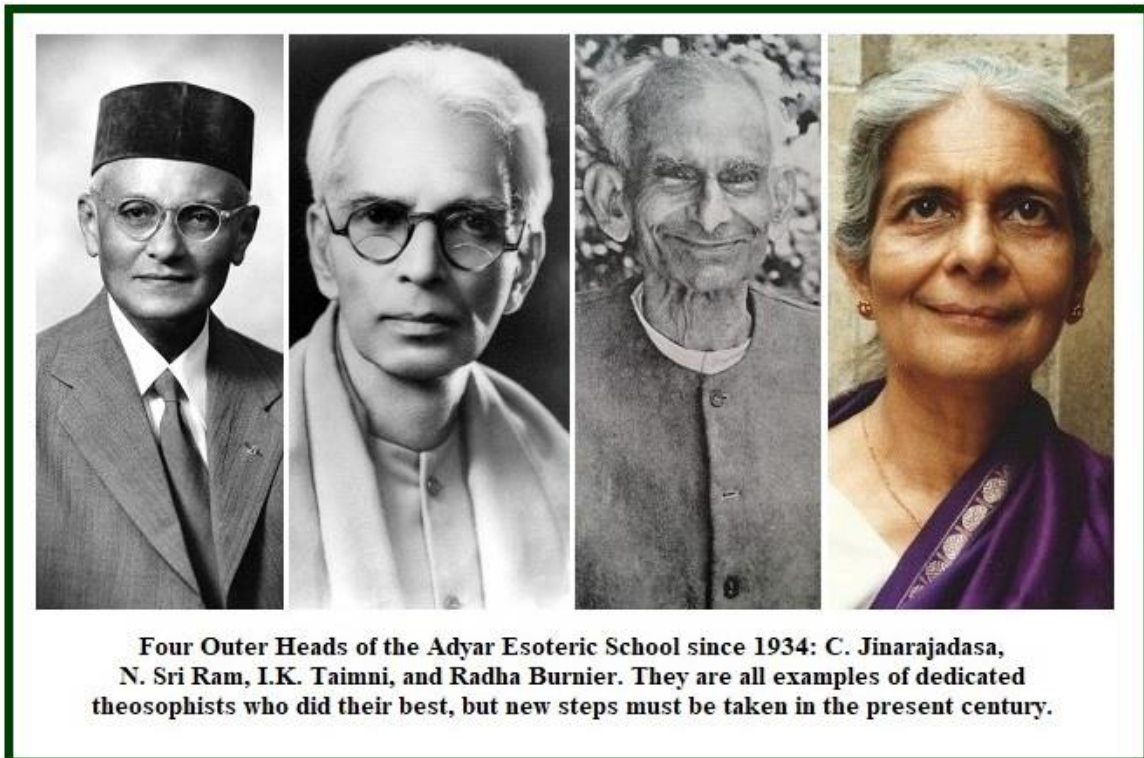
NOTES:

[1] From [“The 1900 Letter From a Mahatma”](#).

[2] “Collected Writings”, H. P. Blavatsky, TPH, USA, Volume XIV, p. 267.

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Read more:



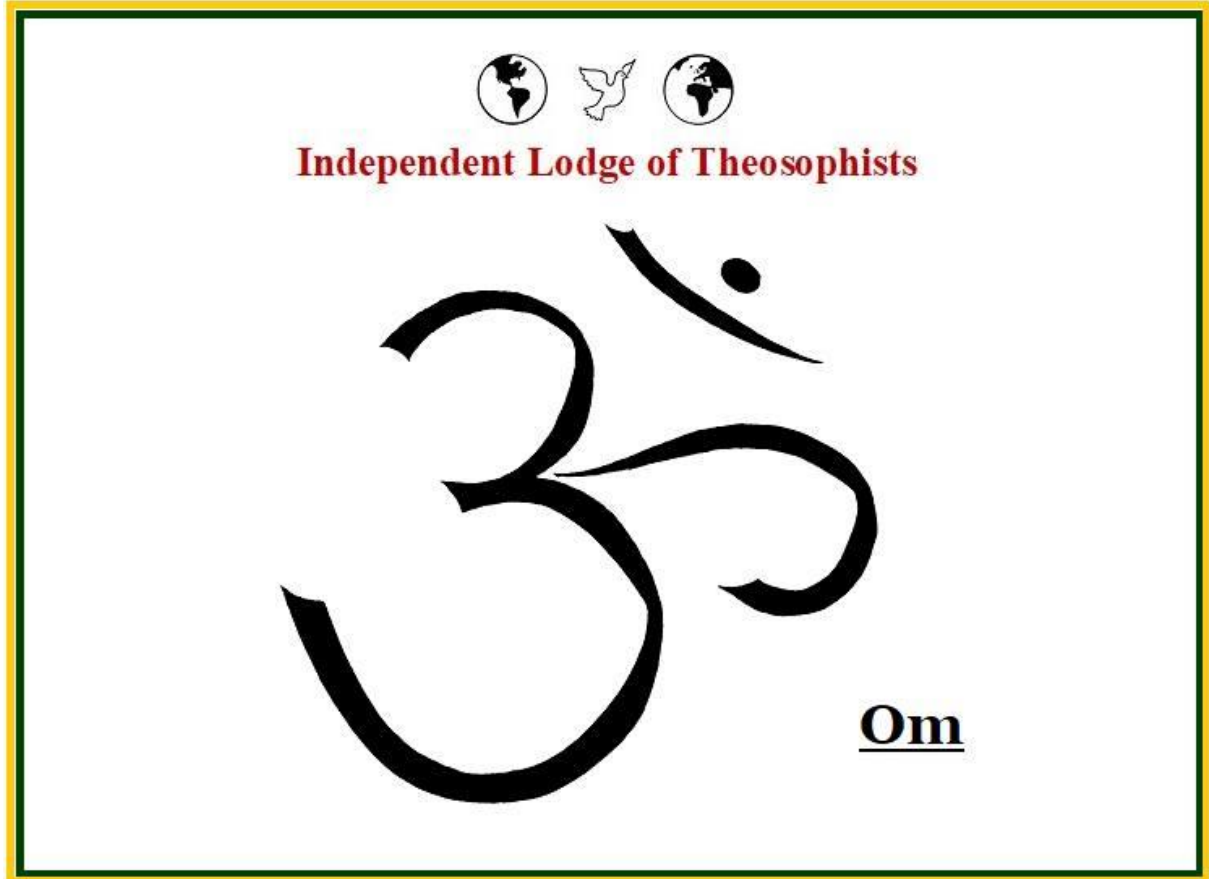
* [The Fraud in the Adyar Esoteric School.](#)

* [From Ritualism to Raja Yoga.](#)

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Philosophy of 'OM'

Swami Sivananda



*The sacred syllable OM connotes Him
(Ishvara). (Yoga Sutras of Patanjali, 1-27)*

You will find in the *Bible*, “*In the beginning was the word, and the word was with God, and the word was God.*” This is OM or the word of power. Volumes have been written in the Sanskrit language on the significance of OM, the sacred and mysterious mono-syllable. Even Sarasvati (the goddess of learning) will not be able to exhaust the subject of this sacred mantra OM even if she has the waters of the oceans as ink and all the trees of the world as pens.

The pronunciation of the sacred word OM is one which has engaged the attention of all Europeans devoted to Eastern studies. The vibrations set up by the word are so powerful that if persisted in they would bring the largest building to the ground. This seems difficult to believe until one has tried to practise. Once having tried it one can easily understand how the above statement may be true and correct. I have tested the power of the vibrations and can quite believe that the effect would be as stated. Pronounced as spelt it will have a certain effect on the student, but pronounced in its correct method it arouses and transforms every

atom in the physical body, setting up new vibrations and conditions, and awakening the sleeping power of the body.

This mysterious inscrutable force tears the veils and the sheaths, destroys vasanas, desire, cravings and egoism and takes the aspirant to Brahman. It raises the thought of Brahman alone to the exclusion of all other thoughts, annihilates the primal ignorance and helps the meditator to rest in his own essential nature of existence, knowledge, bliss absolute.

OM is a magical, mysterious, divine, gramophonic record of all sounds and words. All words, all sounds and all languages proceed from OM. Therefore OM is the right representative or natural symbol or womb of all sounds and words.

Just as the president represents the voice of the people of a country, so also OM represents the voice of all names of God, because it is the substratum or matrix or the basis for all sounds, names or words. In OM all sounds are included. OM is the king of all sounds. OM is the ocean into which all rivers of sounds flow.

Where It Is Heard

The sound produced in the flowing Ganges, the sound that is heard at a distance and that which proceeds from the bustle of a market, the sound that is produced when the fly-wheel of an engine is set in motion, the sound that is caused when it rains, the sound that is produced when there is a conflagration of fire or when there is thunder, are all OM only. Split any word and you will find OM there. OM is all-pervading like akasha (space), like Brahman.

The humming of bees, the sweet melody of the nightingale, the seven notes in music (sa, ri, ga, ma, pa, dha, ni), the sound of the mridanga (drum) and kettle-drum, the lute and the flute, the roaring of the lion, the singing of the lover, the neighing of horses, the hissing of the cobra and the clapping of the audience when an orator delivers his oration are all emanations from OM only.

The gurgling sounds produced in the bowels on account of flatulence, the whistling sound of the railway engine, the murmur of the running brooks, the sound of thunder, the howling of jackals, the sound of the mills and the factories, the sound of landslides, the heavy rush of wind, are all OM only.

When you experience acute agony or pain you utter the long sound of 'hun' or 'hum' again and again and get some relief. 'Hun' or 'hum' is a modification of OM only. 'Hum' is partial utterance of OM which breaks on account of pain. When you suffer from pain you implore the mercy of the Lord by calling Him by His name. Laughter is nothing but a sound of many 'huns' repeatedly made.

When a child cries or weeps, it utters 'un' or 'aung'. 'Un' or 'aung' is a modification of OM only. As the child's organ of speech is not well-developed it utters OM unintelligently, so even when the child weeps it repeats God's name. When the washerman washes his clothes he utters 'hung' repeatedly. This gives him relief. He does not feel exhaustion or fatigue. He unconsciously repeats God's name and derives power, joy, peace and strength from within. You will clearly understand now that man utters OM, the name of the Lord or Brahman, fully or partially, consciously or unconsciously, at all times. If he utters it with feeling he will quickly realise his own essential divine nature.

OM is the voice of all creation. It is the cosmic sound, the primal sound of the universe. It is the priceless treasure of a student on the path of jnana yoga and the pass-word of the vedantins. OM is the passport for those who are sailing in the boat of knowledge of the Self to reach the other shore of fearlessness and immortality, which is Brahman.

OM is the soul of souls, the height of heights. It is the panacea for the destruction of sins and the dire disease of death and the celestial ambrosia that confers immortality. Meditate on OM. Have a dip in OM, plunge in OM. This is the most sacred bath that will quench the fire of samsara (worldly existence).

OM represents the canvas or the background. The forms of this universe represent the pictures on the canvas. The canvas is real, but the picture on the canvas is unreal because fire on the canvas cannot burn your fingers, the knife on the canvas cannot cut your fingers and the tiger on the canvas cannot bite you. Even so, OM or Brahman is the only solid reality. The names and forms are unreal like the pictures on the canvas.

OM or the real Atman is the substratum for all sounds, languages, this universe, body, mind, prana and senses, the causal body and the five sheaths. Just as the substratum is a fundamental element, or the substance in which qualities exist, so also OM is the substratum or the underlying reality in which all objects appear as waves in the ocean. The waves are mere appearances. So also the forms are mere appearances. The forms are unreal in the sense that they are only relatively real, that they are changing and impermanent. The ocean is real. So also OM or Brahman is real.

That place where there is neither hunger nor thirst, neither sorrow nor pain, neither 'you' nor 'he', neither 'this' nor 'that', neither 'here' nor 'there', neither 'yesterday' nor 'tomorrow', neither 'East' nor 'West' neither 'sound' nor 'colour', neither 'light' nor 'darkness', neither 'seer' nor 'seen', is OM.

That imperishable Brahman; that seat of ineffable splendour; that indefinable, inexhaustible, illimitable Essence which pervades the whole universe; that which is called continuum or residuum or noumenon by Western philosophers; that place where all speech stops, all thoughts cease and where the function of the intellect and all organs stop, is OM.

OM is the essence of the *Vedas* or Vedanta; it is the highest flower of the tree of the *Upanishads* and the root of the entire universe. OM is ever-lasting Brahman; it is the real name of Brahman. OM is the symbolic representation of Brahman or the immortal Self, it is the word of power, the Pranava, the sacred monosyllable of the *Vedas*.

OM is the spirit, substratum or essence. It is the immortal Soul, the Holy Ghost. OM is the inner music of the soul, it is the music of the silence.

All *Upanishads* and all mantras begin with OM. All religious ideas are centred in OM. The breath always sings OM, the song of infinity and immortality. Thought of OM elevates the minds of all. The Christians and the Hebrews end their prayers with 'Amen', a modification of OM, while the Muslims end their prayers with 'Ahmeen', also the modification of OM. The *Mandukya Upanishad*, *Mundaka Upanishad*, *Chhandogya Upanishad*, *Prashnopanishad*, *Kathopanishad*, *Bhagavad Gita* and *Brahma Sutras*, sing the glory of OM.

All the sacred scriptures of the Hindus are contained in OM. OM is the womb for everything. This world has come out of OM, exists in OM and dissolves in OM during the cosmic dissolution. The creation itself is set in motion by the vibration of OM.

OM is your very life, your very breath. OM is the life of the *Vedas* and the life of all mantras. It is the basis of this world, it is everything. OM is a common mantra. It is the common property of all. All various significances are centred in OM. OM is used in the invoking or addressing in prayer and supplication. It is the formula of imperative prayer which transmits a certain grace or virtue to the person over whom it is pronounced. It should be accepted by everyone. Even Americans and Europeans meditate on OM now that they have realised its importance.

Just as the rope is the substratum of the snake, just as Brahman is the substratum of prana, mind, senses and the body, so also is OM the substratum or cause of the whole of the illusion of speech. The scriptures declare: "*All is mere play of words*". "*All is held together throughout by the string of speech or even by the cord of specific names*". "*All is rendered possible in experience only by words.*" Nothing can exist apart from words. Names and forms are inseparable, thought and language are inseparable. All effects are nothing but mere names. This whole phenomenal world of experience can never exist without names. All objects are to be named. You have to call a man by his name. Although there is nothing but Brahman, you cannot say, "Brahman, Brahman, Brahman, Brahman", when you wish to say, "Govind! Give me water". Names cannot exist apart from OM. Hence, the whole world has come from OM, rests in Om and dissolves in OM. Therefore worship Om, live in OM, meditate on OM, merge in Om, rejoice in Om.

OM is an auspicious trade mark of sannyasins and vedantins whose aim is dissemination of spiritual knowledge to the world at large. It is written on the front wall of every ashram of a sannyasin. Votaries of OM write OM first before they start to write a letter.

There is what is called the Pancha-shanti, five kinds of incantations, each ending with the word 'shantih' or 'peace'. Before each 'shantih' there is the word 'OM'. As such OM gives peace, calmness, tranquillity, serenity and so on. This symbol contains the entire universe and all its contents in its span; it includes everything we can imagine and something more too. As such, it is a fit symbol to be meditated upon. No other symbol can span so much in its embrace. Such is the glory of OM.

By holding the flute in his hands Lord Krishna teaches its symbolic philosophy. Flute is the symbol of OM. He says: "Empty your egoism. I will play in your body-flute. Let your will become one with My will. Take refuge in OM. You will enter into My being. Hear the inner soul-stirring music of the soul and rest in everlasting peace."

OM as Brahman

Parabrahman, that eternal highest Being, the abiding place of all that lives and moves, is beyond name and class. The *Vedas* have ventured to give a name to Him, in order that man may recognise and call Him. A new-born child has no name, but on receiving one he will answer to it. Men who are troubled by the afflictions of the world run to a deity for refuge, and call Him by name. When Brahman is invoked through the name, that which is hidden is revealed to the aspirant.

OM is the emblem of Brahman, as images are of material objects. By its application (chanting) He becomes propitiated, as men by the use of their favourite names. When you hear the sound 'tree', you at once understand that it has a root, stem, branches, leaves, flowers and fruits. Similarly, when you hear the sound OM it denotes sat-chid-ananda Brahman - existence Absolute, knowledge Absolute, bliss Absolute. Sound and meaning are inseparable.

All colours are centred in the eye, all tastes are centred in the tongue, all touch is centred in the skin, all sounds are centred in the ear, all scents are centred in the nose, all senses are centred in the mind and all minds are centred in OM or Brahman or the Supreme Self, the support for everything.

Why is OM taken as the symbol of Brahman? Can we not have any other word besides OM to represent Brahman or the solid Reality or living Truth? OM is a mysterious sacred syllable. Chant OM for one hour and then chant any other word also for one hour. You will yourself feel the difference. There is a real connection, an intimate relationship between OM the symbol and Brahman the thing signified by the symbol. Thought and word are inseparable. OM and Brahman are inseparable. When you think of the name of your son Govinda the name will bring to your memory the picture or image of your son; when you think of the image of OM the image will bring to your memory Brahman, the thing signified.

Rishis and sages of yore who have attained Self-realization have experienced the mysterious effects of the repetition or chanting of OM. They have made long research and experiments on OM and its vibrations, they have meditated on OM for a considerable period and then they have given OM to the world as the right symbol of Brahman.

(Swami Sivananda)

[Although its teaching is complete in itself, the above text transcribes only the first part of the essay "**Philosophy of OM**", which is included in the book "**Raja Yoga**", by Swami Sivananda. The volume was published by the Divine Life Society, in India, in 1986, with 373 pages, see pp. 265-270. The complete essay concludes on page 279 of the book.]

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Click and Read:

**False Clairvoyant 'Visited Mars' Long Before
Elon Musk Ever Thought of Going There:**

Political Life on the Red Planet

**A Few Revolutionary Discoveries
Which NASA and ESA Must Know About**

During his imaginary, yet personal visits to the red planet, C.W. Leadbeater dedicated quite some time to observe the political structures of the physical plane Martian civilization he saw.

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The Right Effort in Life

A Selection of Excerpts

From the Writings of a President

Donald J. Trump



Trump at work in the White House, January 2025

Defeating Fear

Fear has a way of making things bigger than they are. There's an old German proverb to the effect that "fear makes the wolf bigger than he is", and that is true. But the opposite of fear is faith, which is one reason you've got to believe in yourself and see yourself as victorious. You will know you are capable of dealing with any discouragements, bullies, or problems along the way. (...)

Do not allow fear to settle into place in any part of your life. It is a defeating attitude and a negative emotion. Recognize and zap it immediately. Replace it with a problem-solving attitude, faith in yourself, and hard work. Put that formula into working order for yourself and you'll be dealing from a position of power, not fear. That's winning.

[From "Think Like a Champion", by Donald J. Trump, with Meredith McIver, Da Capo Press, Boston, 2009, 204 pp., see pp. 52-53.]

Danger is Part of Reality

Do you ever fear that you might fail at something?

I have a pretty good track record of successes by now, but failure is always a possibility. I am cautious but not fearful. There is a difference. It's important to be circumspect - know that the possibility of success is there as well as failure. Risk plays a part in everything we do. I could get hit by a bus while I am crossing the street. Things happen. Don't let fear interfere with your plans.

[From "Frequently Asked Questions", in the book "Never Give Up", by Donald J. Trump, with Meredith McIver: John Wiley & Sons, Inc., Copyright 2008 Trump University, 179 pp., see p. 37.]

Be Bigger Than the Difficulties

Adversity is a fact of life. Chances are that you will never wake up to an adversity-free day. Accept this as a challenge - rather than a disappointment. Be bigger than the problems, be ready to fight for your rights, and all will be well.

["Never Give Up", Copyright 2008 Trump University, 179 pages. See p. 23.]

On Words and Action

"After all is said and done,
more is said than done." –Aesop.

One of the most important things I've learned is to watch what people do versus listening to what they say. Sometimes, judging on what I see them doing, I think people have no idea what they've talked about. It reminds me of a split personality, with the mouth going one way and everything else going the other way. One big step toward success is to get the two working in tandem. You will also find out that it will save you a lot of time and energy to become solid.

["Think Like a Champion", by Donald J. Trump, with Meredith McIver. See p. 105.]

Frequently Asked Questions

How do you handle the person who consistently makes the same mistakes over and over?

I don't. They're working for someone else now.

What is the most important characteristic of a good leader?

Discipline. It helps if everyone has it, but if a leader doesn't, he or she won't be one for very long.

What are the most important steps for someone who intends to be successful?

Do your homework. In other words, learn everything you can about what you want, know what you are up against, and research every aspect of your endeavor. Talk to all the experts you can find. It can't be a hit or miss approach. The odds are already against you, so don't make it harder on yourself by being negligent.

(...)

Those who have both vision and discipline will succeed. One is useless without the other. With both, you have a chance of becoming a leader, provided you've learned to and sharpened your instincts through your experiences.

[“Never Give Up”, by Donald J. Trump, with Meredith McIver, see pp. 34-35.]

Lincoln and Churchill

Who are some of the people in history you admire, and why?

Abraham Lincoln is one, because he was president at the most difficult time in our country's history. He was also self-educated and endured many years of adversity prior to becoming president. Another would be Winston Churchill, a leader at a pivotal time in world history - World War II. He was a great orator who inspired thousands of people with his speeches, and he won the Nobel Prize in literature for his historical writing.

[From “Frequently Asked Questions”, in the book “Never Give Up”, by Donald J. Trump, with Meredith McIver, page 35.]

Prepare Yourself, Then Act Decisively

I prepare myself thoroughly, and then when it is time to move ahead, I am ready to sprint. Being able to think on your feet is the result of training and discipline. You can't sprint unless you have built up the strength to do so. Building the stamina is up to you. If you don't work at it, it's not going to happen by wishful thinking. You have to dedicate yourself to it every day. In other words, set a goal and work toward it. Athletes know that no one else can do the training for them, and business people should have the same discipline. You have to be self-reliant.

Have you ever said to yourself, “I wish I'd thought of that!”? I've heard people say that when they come across something very clever or something fantastic. One way to learn to think on your feet is to ask yourself what you should be thinking of this very moment. Do it right now, and then see other people saying, “I wish I'd thought of that - what a great idea!” You'd be surprised how many good ideas you might have if you'd give yourself the opportunity to think about them. Thinking takes time. It's the preparation for being able to think on your feet. First things first: First we walk, then we run, then we sprint.

Thoreau said, “I know of no more encouraging fact than the unquestioned ability of a man to elevate his life by conscious endeavor.” That is not only an encouraging statement, it is also an empowering one. It means you can accomplish a lot by applying your brainpower and then moving forward with it. Thought without action won't amount to much in the long run. Those great ideas you have will remain great ideas unless you actively do something with them.

[“Think Like a Champion”, by Donald J. Trump and Meredith McIver, pp. 20-21.]

The Greatest Hope

... Our greatest hope is for peace - the universal yearning in every human soul.

[From Trump's article "[Jerusalem is Israel's Capital](#)".]

Someone Will See Your Good Motives

You will always have detractors. That's life. The higher you aim, the more opposition you will encounter. In spite of this, there will always be someone who will see your good motives for what they are.

["Never Give Up", Donald J. Trump, with Meredith McIver, p. 119.]

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[Click to Understand a Good-Willing Illusion:](#)

The Making of an Avatar



In the photo, the pseudo-theosophical "Lord Christ" and Mrs. Annie Besant in 1926, three years before he finally closed the comedy by leaving the Theosophical Society.

* [The Making of an Avatar.](#)

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Thoughts Along the Road

The Wisdom and the Will, the Two Columns at the Entrance of the Temple



* Since its earliest origins, the Independent Lodge has worked on the topic of spiritual will. However, Helena Blavatsky wrote little about it. Only gradually did we begin to fully realize the centrality of the matter and discover the best way to approach it.

* Step by step, we identified the central and decisive points of the original teachings of theosophy. It was necessary to observe and reflect on [Helena Blavatsky's Self-Criticism](#), written shortly before her death. From understanding her Self-Criticism one can deduce what she might have written, if she had had enough time to live. She did not write, for she had no time - or perhaps because the movement had failed beyond repair in the short term -; but she left indications here and there for those who might have eyes to see, in the years to come. Such indications are also available in the Mahatma Letters.

* In ninety percent or more of the cases, the failures of the theosophists occurred in the area of ethics and loyalty. In popular language, one should say that many of them were not ashamed of making mistakes. H.P. Blavatsky "was wrong" in thinking that the Theosophists were prepared to be ethical.

* I do not believe that it was a personal mistake on her part - the constant movement of accumulated Karma is more complicated than one normally thinks. The theosophical effort needs to adjust all the time to the surprising dynamics of unlimited realities, due to the law of action and reaction. But for all practical purposes and from a short-term point of view, one

may say that HPB “made a mistake” on the pedagogical level by trusting too much in the integrity of Western human beings. She did not fail, actually. Theosophists around her failed.

* However, evolution makes progress by trial and error. For each action there are several reactions. The theosophical movement failed. The self-criticism of HPB must become the self-criticism of theosophists. In the face of our collective failure, we must react. We are in time to do that, for less than 200 years have passed since HPB’s death. The theosophical effort is no short-term event. We can learn from the failure of the movement. What must we do, to overcome our defeat?

* The first step is obvious: to prioritize the issue of ethics. And that is not enough. It is necessary to diagnose the failure. Why did the movement fail ethically? How can we explain the abandonment of its highest teaching? Why the original teachings, even when they were not distorted, were placed in an artificial position of theory-only, and most people did not even try to act accordingly? Why is the small ILT the main and almost the first organization to honestly recognize the priority of the teaching of the Mahatma Letters and Letters from the Masters of the Wisdom?

* Is it due to a deep lack of willpower?

* The answer is in the text “[Como Educar a Vontade](#)” (How to Educate the Will”), written by the Portuguese educator João Serras e Silva. People do not make mistakes because of an absence of information. They are not defeated due to an absence of verbal knowledge. People fail, and fall, because they lack the *willpower necessary to act according to their own highest knowledge*.

* Around the same time of her [Self-criticism](#), HPB wrote that the Ethics of Theosophy are more important than information about the occult world. (See [Five Messages](#), p. 12.) To this we must add, in order to learn the lesson:

* “And ethics, without the necessary willpower, cannot go beyond the vague atmosphere of good intentions. Therefore, it is necessary to create and undergo efficient processes of training the will.”

* It is important to inextricably link willpower with the ethics of altruism, and discernment.

* With clarity about the original teachings, having gathered on its websites an important collection of philosophical teachings and knowing this collection well, the Independent Lodge is gradually evaluating and reviewing its priorities based on the fundamental centrality of the issue of (good) Will. The importance of this theme is established in Raja Yoga, as well as in Theosophy, Philosophy, Christianity, and other areas of life. For Christians, will is called “faith.” Wherever discipline or correct action is spoken of, we know that the power of a strong will is the key to victory. Thus, Jesus announces “Peace on Earth to men of good will.” (Luke 2:14)

The Two Columns in the Portico

* The theosophical temple is the Temple of Truth, and we can imagine two columns at its entrance: *the column of Wisdom, and the column of Will*.

* Wisdom without Will does not exist. Will without Wisdom is inconceivable. Essentially, they are both one. The two words designate two aspects or functions of the same Reality. They correspond to Raja Yoga, the yoga of Will, and Jnana Yoga, the yoga of Wisdom. There

is a certain correspondence in this image with the two Masters of the Wisdom who directly inspire the theosophical movement.[1]

The Magnetic Power of the Will

* Every Theosophist must build in his own soul the Temple of Truth. The portico of his inner temple has two columns: Divine Knowledge and a Resolution to Win, or, in reverse order, *Virya* and *Shanti*. For *Virya* is Strength, and *Shanti* is Peace.

* In “Letters from the Masters of the Wisdom”, one of the Mahatmas says that the motto of every Kabbalist and Occultist is “To dare, to will, to act and remain Silent”. [2]

* It is no coincidence that *the four elements of this motto are directly related to the topic of willpower.*

* There is no great difference between magnetism, will and magnetic fluid, and in the Letters of the Mahatmas we can read these words:

* “*Strong will creates* and sympathy attracts even adepts, whose laws are antagonistic to their mixing with the uninitiated. If you are willing I will send you an *Essay* showing why in Europe more than anywhere else a *Universal Brotherhood*, i.e., an association of ‘affinities’ of strong magnetic yet dissimilar forces and polarities centred around one dominant idea, is necessary for successful achievements in occult sciences.” [3]

* With a clear vision of the noble goal common to all, the *center of the aura of the theosophical movement* begins to awaken in the spiritual soul of every honest theosophist.

(CCA)

NOTES:

[1] With the help of various other Adepts and Mahatmas from various parts of the planet, and their disciples.

[2] “[Letters from the Masters of the Wisdom - Second Series](#)”, Letter 65, p. 118.

[3] From Letter V, or 5, in “[The Mahatma Letters](#)”, p. 20.

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The above article was translated by its author from the article “**A Sabedoria e a Vontade: As Duas Colunas na Entrada do Templo**”, in “[O Teosofista](#)”, July 2024 edition, pp. 12-14.

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Read and think about:

* [A Prayer for Those Who Heal](#). * [Correspondence With Joy Mills](#).

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